

SNAP* Resource Limits

*Supplemental Nutrition Assistance Program

What are the resource limits for SNAP?

The resource limits for SNAP are:

- \$3,500 if your household has at least one member who is age 60 or over, or disabled
- \$2,250 if your household does not have at least one member who is age 60 or over, or disabled

What resources are counted?

Liquid assets, meaning resources that can be easily converted to cash, are counted. Examples include:

- Cash on hand
- Money in accounts
- Stocks/bonds
- Lump sum payments, such as income tax refunds
- Funds in a trust

What resources are not counted?

Resources that are not counted include, but are not limited to:

- Real property
- Mobile homes
- Vehicles
- Household goods
- Burial plots
- Cash value of life insurance policies
- Money in pension or retirement plans
- Money in educational accounts
- Energy Assistance payments
- Resources under a lien
- Resources of people who receive Supplemental Security Income (SSI)

Know Someone Who Wants to Apply?

They can apply online at www.commonhelp.virginia.gov, in person at their local Department of Social Services office, by mail or phone at 1-855-635-4370.

For More Information, contact Virginia Hunger Solutions:

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